# Recommended Regimen:

| Extra Correction insulin units | Glucose |
|---|---|
| | 150-175 |
| | 175-200 |
| | 200-225 |
| | 225-250 |
| | 250-275 |
| | 275-300 |
| | 300-325 |
| | 325-350 |
| | 350-375 |
| | 375-400 |
| | 400-425 |

• Frequency: Check blood glucose 6–7 times per day.

• Target Levels: Before meals: ≤ 95 mg/dL (but not below 70 mg/dL) and 2 hours after meals: ≤ 120 mg/dL

| Date | Before Breakfast | 2-hours Post-Breakfast | Before Lunch | 2-hours Post-Lunch | Before Dinner | 2-hours Post-Dinner | Bedtime |
|---|---|---|---|---|---|---|---|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |