Recommended Regimen:

Extra Correction insulin units	Glucose
	150-175
	175-200
	200-225
	225-250
	250-275
	275-300
	300-325
	325-350
	350-375
	375-400
	400-425

Recommend to check blood glucose levels ___ per day. At a minimum, please check finger stick blood glucose levels four times for three days before returning for a follow-up appointment in order to help the doctor adjust the current diabetes treatment regimen.

FILL THIS part for 3 days before the appointment

DATE	Before Breakfast	Before Lunch	Before Dinner	Bedtime

Blood Glucose Logs

DATE	Before Breakfast	Before Lunch	Before Dinner	Bedtime